

Veteran Resources Newsletter

September 29, 2021

For more information contact: EMAIL: veterans@uiwtx.edu PHONE: (210) 832-5651 HOURS: Monday-Friday 8:00 a.m. - 5:00 p.m.

ZOOM appointments

& ZOOM Virtual Counter available with a School Certifying Official. <u>Click here to Schedule!</u>

Inside this issue:

Team Leader of the Month	2
Workforce Recruit- ment Program	3
Homelessness Resources	4
Veteran Resources	6

Contact Us

13

Military and Veteran Center

Volume 1, Issue 1

Our goal is to provide our Veteran Community at UIW with monthly resources that can be of benefit to them. We provide resources on everything from COVID-19 assistance to mentorship programs and more. There are interactive links throughout the Newsletter which you can select to discover more about the specific resource you are interested in. We hope this benefits in keeping our Veteran Community informed. Remember to follow us on Facebook for all our latest updates!

Support for Military & Veterans

Veterans Crisis line available 24/7

Call (800) 273-8255 press 1 Chat online at https://

www.veteranscrisisline.net/

Text 838255

UIW Behavioral Health Services

(210) 832-5656

https://my.uiw.edu/counseling/ index.html

Bishop Trevor Alexander, UIW Mission and Ministry, U.S. Army (retired)

210-829-3130 (w) / 210-473 0270 (cell)

alexande@uiwtx.edu / ministry@uiwtx.edu

Colleen Ward, VA Social Worker

(726) 300-2885

colleen.ward2@va.gov

UIW Student Veterans of America Chapter

uiwveterans@gmail.com

UIW Peer Advisors for Veterans Education (PAVE) Program

pave@uiwtx.edu

UIW Military and Veterans Affairs

Military@uiwtx.edu / Veterans@uiwtx.edu

San Antonio Vet Center Readjustment and Counseling Service

(210) 650-0422

Bexar County Military & Veterans Services

(210) 335-6775

Transition and Care Management (OEF/OIF/OND)

Team Leader of the Month: *Phillip Rangel, University of the Incarnate Word*

From Adriana Leal, Director of the Military & Veteran Center at UIW: "Phillip Rangel has done an amazing job establishing the PAVE program at UIW. In the past year, he's done great work bringing awareness to PAVE on campus by conducting regular outreach and giving presentations to various departments on cam-pus. He continually works to promote PAVE by recruit-ing Peer Advisors and recently sent over 13 letters to potential donors. He participated in an HSI Career Col-laborative Student Panel to bring awareness for em-ployers recruiting veterans. Most of all he has the most incredible drive, passion, and heart for serving veter-ans I have ever seen. Phillip will speak to our students at any time of day for as long as it takes to help a stu-dent. He has spoken to students in the late hours for over an hour. He is continually innovative, thinking of ideas on how to best serve students. At the very start of the recent situation in Afghanistan, he immediately knew we had to reach out to our student veterans with support. He began taking action by crafting a letter of support with our counseling department. He also is a great leader and works to take care of and support all our Peer Advisors. We are so lucky to have his pas-sion and dedication at UIW."

From Phillip Rangel: "My proudest accomplishment is being part of the team developing the UIW PAVE Program during a historical pandemic which impacted societies around the world. The entire program reached out to multiple university departments, educating their staff about the benefits of the program while learning ourselves. Every outreach was conducted virtually un-til the Fall 2021 semester. The buy-in from other department leaders, staff, and professors was essential to the success of PAVE at UIW, and I enjoy facilitating a wonderful group of Peer Advisors: Jessica Quintanil-la, Omar Ozuna, Jeffrey Neal, Robert Greener, and the



wonderful PAs who came before. I am not a person who is a title seeker, especially when it comes to facili-tating a group of Peer Advisors dedicated to helping our peers, student veterans. We are all leaders in the UIW Veteran Community, because stepping up and facilitating the PAVE Program at UIW to serve others is what we do together!"

Veteran Resources





ELEVATE YOUR PROFESSIONAL JOURNEY

Are you a student veteran or recent graduate with a disability interested in learning more about federal employment opportunities? Are you looking for an internship or permanent position? Not sure where to start?

The Workforce Recruitment Program for College Students with Disabilities (**WRP**) is what you are seeking!

The **WRP** provides students with disabilities in all fields of study the opportunity to market their abilities to a wide variety of potential employers. This is a great opportunity to sharpen your interview skills, grow your professional network, and strengthen your career goals.

Website: https://www.wrp.gov/wrp

APPLICATIONS NOW OPEN DEADLINE: MONDAY, OCTOBER 11, 2021

For more information contact: Andrea Gonzalez - Student Disability Services Advisor aagonz16@uiwtx.edu | 210.829.3104

"The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."

Ronald Reagan,
40th President of
the United States



Resources for Homelessness and Possible Rehousing

THERE ARE NO EMERGENT HOUSING RESOURCES AVAILABLE IN OUR LOCAL AREA AT THIS TIME DUE TO COVID.

As Covid Waxes and wanes resources will remain fluid.

- The Veteran must call the resources themselves.
- · Veteran is responsible for providing all documents requested by agencies.
- Veterans must be able to demonstrate ability to live independently/complete ADLS/IADLS.
- · Programs below do not guarantee housing or prevention of homelessness.
- · Eligibility is based on the intake performed.
- Each program varies in admission time and may take up to 3 or more days to admit.
- For Additional Questions/Resources: Anthony (Tony) De Bona 210-792-1944 (hours available 0700-1530), Rene

Jimenez 210-243-6425 (hours available 0800-1630), Phyllis Manning 210-848-0330

HOMELESS HOTLINE - All clients should be provided the National Call Center for Homeless Veterans (NCCHV). 877-424-3838 Available 24/7 days a week.

PERMANENT HOUSING ACCESS

HUD/VASH referrals are though Coordinated Entry. Please contact HCHV Outreach Team for more information.

SUPPORTIVE SERVICES FOR VETERANS AND FAMILIES (SSVF)

- American GI Forum 210-233-8505
- Endeavors 210- 469-9664

PREVENTION FUNDING - (pays rent and utilities owed but not mortgages)

SUPPORTIVE SERVICES FOR VETERANS AND FAMILIES (SSVF)

- American GI Forum 210-233-8505
- Endeavors 210- 469-9664
- SAMM VETERAN PROGRAM

• An email must be sent to the below email. An automatic response email will inform as to availability of funds and documents to provide. Email: veteran@samm.org

SHELTER

HAVEN FOR HOPE (0800-1500) This is first come first serve

• Outpatient referrals please contact one of the Outreach Team Members (After hours, please co-sign Outreach

Team Members for follow up.)

Inpatient referrals remain the same. Clinicals will need to be sent to HAVEN.

Salvation Army Dave Coy Center (MEN ONLY) Veterans earn three free nights

226 Nolan 78202 210-226-2291 1500-2000 must leave after breakfast.

Resources for Homelessness and Possible Rehousing

TRANSTIONAL HOUSING

<u>THE SUMMIT AND WOMEN'S WELLNESS CENTER (FORMERLY ALVAREZ HOUSE) (Single men and</u> women only, must be

able to perform all ADLs and IADLs, no significant cognitive impairment, and able to ambulate without assistance.)

Must call for screening appointment

MS JJ Coutros 210-391-9276

<u>AMERICAN GI FORUM (Must be able to perform all ADL'S, be cognitively intact and able to ambulate</u> without assistance.)

Contact the Service Center: 210-354-4892

<u>HAVEN FOR HOPE</u> (Must be able to perform all ADL'S, be cognitively intact and able to ambulate without assistance.)

Transitional Housing for Veterans Single Veterans only

Haven for Hope Veterans program must call for intake 210-220-2476 John Gauna for the Low Demand and

Bridge GPD program. For Haven Veteran team as above.

Page	6
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UIW Writing and Learning Center and **Tutoring Services** Writing Support: **Course Content:** · Guided practice Brainstorming • Exam Idea development preparation · Formatting · Study skills and Grammar and time management mechanics (210) 829-3870 uiw.edu/wlc uiw.edu/tutoringservices wlc@uiwtx.edu tutoringservices@uiwtx.edu

uiw office of career services Cardinal Closet

Located in Student Engagement Center Suite 3030



Do you need professional business attire for interviewing, career fairs or events? Career Services has you covered!

Visit the Career Services office to try on free business attire! Can't find something you like? No worries, Career Services will work with you to get you what you need.

Contact Career Services at careers@uiwtx.edu to book your appointment today!

PUREPOST

Purepost Profile

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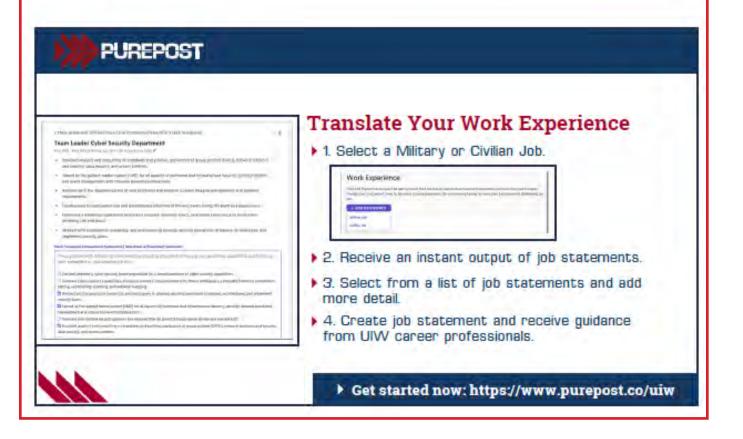
Purepost allows you to get

a head start with understanding how your experience translates to private sector skills and experience.

The Benefits

- UIW career professionals have immediate access to student profiles to begin providing feedback and guidance on creating a resume.
- Free for all students.
- Takes less than 30 minutes to complete.
- UIW career professionals may share profiles with partners to maximize your future opportunities.

Go to https://www.purepost.co/uiw



Do you or a student veteran you know suffer from hunger?



Meals for Vets helps student veterans battling hunger who have low or no income by providing daily, nutritious meals.

To qualify:

- · Must have served at least 180 days federal active duty
- Provide proof of service (such as DD214)
- · Provide proof of all income and bene its

Go online to mealsforvets.org to apply





"This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families."

800.676.1389 | info@honorveteransnow.org



PEER ADVISORS FOR VETERAN EDUCATION (PAVE) A Peer Support Program for Student Veterans

PAVE is a peer support program that connects incoming student veterans with student veterans already on campus in order to help them navigate college life, identify challenges they face, refer the student to appropriate resources on or off campus, and provide ongoing support toward academic and personal goals. UIW is 1 of 3 colleges in Texas, out of 47 throughout the country to be awarded the PAVE program.

The goals of the program are to:

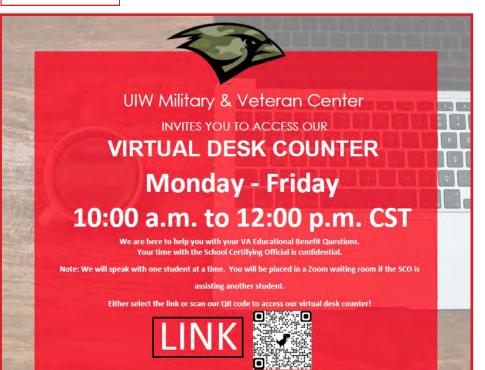
- Ease the transition from military to university life.
- Improve student veterans' sense of connectedness to the university.
- Create a safe haven and source of support.
- Identify mental health issues and other concerns in a timely fashion and connect student veterans with appropriate resources.
- Improve student veteran academic performance.
- Increase student veteran retention rates.
- Advisors sharing their own experiences of the university.

Activities:

- Meet and greets and socials to connect with other student veterans.
- Networking.
- Career readiness
- Special guest speakers.

For more information about PAVE:

- Visit our website: uiw.edu/military-veteran-services/veterans/pave-program
- E-mail us: pave@uiwtx.edu



DEVELOPING YOUR

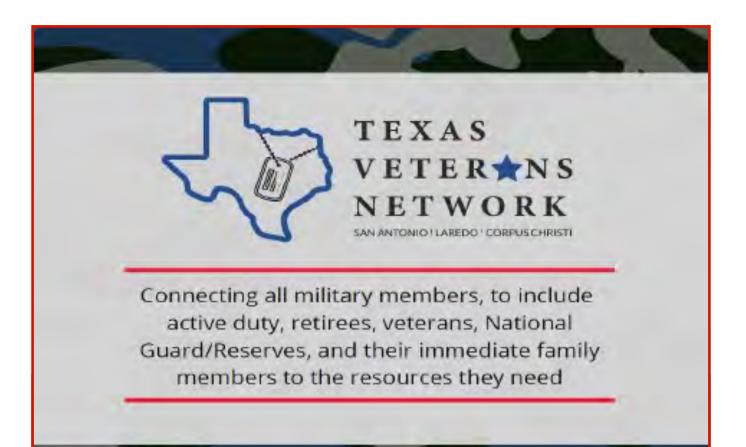
LEADERSHIP

SKILLS

"Those who dare to fail miserably can achieve greatly." - John F. Kennedy, 35th President of the United States, and former Navy Lieutenant

Being an effective leader isn't easy, especially when you're entering a new role and need to get to know your team. If you're looking for a little inspiration, try <u>assessing your</u> <u>leadership style</u> through Harvard Business Review and strategize the ways you can build upon your leadership skills with your Mentor.

Looking to develop your skills even further? Check out <u>these</u> <u>must-reads</u> from Lifehack!



(888)724-8387

Housing & Shelter Employment **Benefits Navigation** Money Management Individual & Family Support Utilities Assistance Legal Assistance Social Enrichment

Mental & Behavioral Health **Physical Health** Substance Abuse Disorder Wellness Education Clothing & Household Goods Health & Wellness

Transportation Food Assistance Sports & Recreation Income Support Spiritual Enrichment Entrepreneurship

A proud partner of the AmericanJobCenter network

Military and Veteran Center

Student Engagement Center Level 3, Room 3021 Phone: (210) 832-5651 Fax: (210) 832-2155





First Responder Appreciation Night

UIW honored our 13 fallen service remembers with 13 stars around the center of the

football field at the recent September 11th game against Prairie View. We will never forget

their ultimate sacrifice.

